



PE at Amington Heath

How is this subject taught?

PE at Amington Heath aims to deliver a fun, active and high-quality physical education curriculum which inspires all pupils to develop a love of sport and to grow into healthy, active adults. The curriculum also allows pupils to succeed and excel abilities in competitive sports and other physically demanding activities.

Pupils participate in at least 2 hours of high-quality PE and sporting activities a week. Our PE programme incorporates a variety of sports to ensure all children develop confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

Is it covered anywhere else?

We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being for all pupils.

When in Year 6, children have the opportunity to become sports leaders. These children are team captains and are responsible for organising games on the playground and supporting staff in PE lessons.

Plan for progression

How have the skills been planned to ensure progression from EYFS to Y6?

The curriculum at Amington Heath has been carefully mapped out to ensure there is a build on progression of skills each year. The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. Teachers will assess children at the end of each unit which will help to instruct further learning.

What enrichment opportunities are there?

At Amington Heath, we offer enrichment activities once a term and through after-school clubs. Children have the opportunity to further develop skills and participate in activities which may not be delivered through the national curriculum, for example, martial arts and boxercise.

We also take part in national fitness days and national strategies such as 'Walk to School' week.